

## Disclosure of Services

California Law allows access by California residents to complementary and alternative health care practitioners who are not providing services that require medical training and credentials. The following disclosure is provided in compliance with Section 2053.6 of California Business and Professions Code.

The purpose of a program of hypnotherapy is for vocational and avocational self-improvement (Business and Professions Code 2908) and as alternative or complimentary treatment to healing arts services licensed by the state. A hypnotherapist is not a licensed physician or psychologist and hypnotherapy services are not licensed by the state of California. Services are non-diagnostic and do not include the practice of medicine, neither should they be considered as a substitute for licensed medical or psychological services or procedures.

Hypnosis works with the power of the subconscious mind to change habits and behaviors. Hypnosis is believed to be a powerful tool for accessing the subconscious mind and creating improvements in our lives.

Services consist of a program of conditioning including an undetermined number of private sessions, depending on the client's individual needs. The hypnotist will endeavor to the best of her ability, to accomplish the objectives of the client's sessions. While hypnosis may be an effective technique for many purposes, the effectiveness may vary from individual to individual and no specific results or progress can be promised or guaranteed.

During hypnotherapy sessions, clients remain totally aware of everything that is happening. Many describe the hypnotic state as an escape from physical tension and emotional stress, while remaining alert.

The use of hypnosis could elicit memories of past events, which may or may not be literally true. It is possible that events under hypnosis will be distorted or misconstrued. Memories or images evoked under hypnosis are not necessarily accurate and may be a construction or a composite of memories. Without corroborating information, it is not possible to determine whether a specific memory is true or false, even if it seems true to the client.

While it is the practice of hypnotherapists to keep information confidential, information revealed in hypnotherapy is not subject to the psychotherapist-patient privilege. A court may order disclosure of information learned in therapy.

I have received a copy of this disclosure and understand the information described above. I have also read on the other side of this document a biography of the hypnotherapist's education, training, experience and other qualifications regarding the services to be provided.

Client Name (please print) \_\_\_\_\_

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Patricia Lynn Belkowitz, C.Ht., EFT-CC  
Hypnotherapy  
805.279.1551

Certification: Master Hypnotist  
Clinical Hypnotherapist  
Advanced Therapeutic Imagery Facilitator  
Emotional Freedom Techniques (EFT) Practitioner

Member: American Hypnosis Association  
Hypnotists Union Local 472  
Assn. Comprehensive Energy Psychology

Education: Graduated with Honors from Hypnosis Motivation  
Institute in Tarzana, CA, the only nationally accredited college of  
hypnotherapy.  
Completed a one-year course of study in many different  
hypnotic modalities. Served a Clinical Internship of supervised  
practical experience. Received Director's Award for Excellence  
during Residency.

Conducts a private practice with offices in Westlake Village, California, offering  
guidance in self- improvement, employing behavior and perception modification.  
Conducts lectures and seminars. Teaches classes in self-hypnosis, inner artist  
exploration, and the metaphysical properties of crystals and color. Offers art  
therapy. Offers strategy sessions for personal and professional goal achievement.  
Focuses on teaching her clients to choose healthy pleasures and create joy in their  
lives. Authors *The Mind Matters*, a periodic newsletter about hypnotherapy. Authors  
articles about hypnotherapy and imagery in Los Angeles Daily News *Today* magazine  
and other publications. Author of *Gemstones: Healing Rays of Light* and *Erotica~101*.  
For more information log on to [www.TheMindMatters.com](http://www.TheMindMatters.com).